

2017 ENTRY FORM SUNDAY 27 AUGUST 2017

www.lakemacrunning.com







DATE Sunday 27th August 2017

FESTIVAL LOCATION Foreshore of Lake Macquarie, NSW

START & FINISH Warners Bay Park, The Esplanade, Warners Bay

START TIMES 7:30am Half Marathon 7:45am Fun Run (run/walk) 8:00am Kids Scamper

THE COURSE All events will be run on a course that follows the foreshore of Lake Macquarie starting and finishing at Warners Bay. You will run between Warners Bay and Speers Point. The course is relatively flat with no hills of any consequence. The surface is excellent. The course is totally traffic free. The half-marathon (21.1km) competitors will complete 2° loops of the course. The 10.5km Fun Run (run/walk) will complete one loop. The Kids Scamper will be a 4km course, 2km

out, turn and back to the finish line.

ENTRY FEES 10.5km Fun Run Half Marathon 4km Kids Scamper

EARLY BIRD (BEFORE JULY 30) \$45 \$65 **INCLUDES FREE RACE SHIRT**

\$30 \$55 \$75 LATE REGO (NO SHIRT)

REGISTRATIONS Early Bird Registrations close 30 July 2017. Online Late Registration will still be available

until 27 August 2017.

RACE PACK PICK-UP Race packs will need to be collected and will not be mailed out this year. Collection dates will be held

at Pure Performance Warners Bay store on Saturday 19 & Sunday 20 August 10am - 2pm. Race Pack pick up and late registrations are also available Saturday 27 August between 1pm - 5pm and Sunday 28 August between 6am - 7am on the Esplanade, Warners Bay. Free Early Bird Race Shirts can be collected at Race Pack collection dates or on race day upon presentation of early bird bib number.

PAYMENT Payment can be made by money order, cheque or credit card (i.e. Visa, MasterCard)

EVENT TIMING Multisport Australia timing chips will be utilised for all events. **AID STATIONS** Will be every 2km. They will serve water and isotonic drinks.

PRESENTATION Will be held on site starting after conclusion of the event. Trophies will be awarded to the overall

first three place getters and medallions to first place getters in all categories. All entrants will be

eligible for random draw prizes providing you are in attendance at the presentation.

RESULTS & PHOTOS Results will be displayed on our website. Official photographs will be available from

marathonphotos.com

ACCOMMODATION For all accommodation requirements go to www.visitlakemac.com.au

Kate Griffith (Event Officer): 0410 474 488 **CONTACT DETAILS**

Email: enquiries@lakehalf.com

CATEGORIES

& LATE REGISTRATION

HALF MARATHON & 10.5KM FUN RUN **INDIVIDUALS**

	U/15												
Male	Α	С	Ε	G	1	K	Μ	0	Q	S	U	W	Υ
Female	В	D	F	Н	J	L	N	Р	R	T	٧	Χ	Z

4KM KIDS SCAMPER **INDIVIDUALS**

	8-10	11-13
Male	K1	K3
Female	K2	K4

PAYMENT OPTIONS



For online registration and payment go to www.lakemacrunning.com

Fill out the entry form and payment details on the other side of this form and send via Australia Post to:

Lake Macquarie Running Festival

PO Box 583 Swansea NSW 2281



Late Registration is available at the event with cash or credit card.

ENTRY DETAILS

Please fill out the details below and tick where required.

Race	* HMARA THON	□ *	RUN [] (#) 4k SC	KIDS CAMPER				
10.5K Corporate Team Name (if applicable)									
Name		Suri	name						
Address									
Suburb		State		Postcode					
Phone (H)		Phone (\	N)						
Phone (M)		Fax							
Email									
DOB		Y Y Age in v	ears (on 27/08/2	017)					
Gender Mo	le Female		y (see opposite po						
Race Shirt Size	XXSmall	XSmall Small	Medium		XLarge XXLarge				
Ruce Still Size			Medioiii	Large					
COMPETITORS A	AGREEMENT, DISCH	HARGE, RELEASE AND	OINDEMNITY						
 In consideration of my entry in one or more categories of the Lake Macquarie D Marathon, 10.5km Fun Run, Kids Scamper or related activities (collectively called ithe eventi). I for myself my heirs, executors, administrators, and assigns hereby release, discharge, and forever hold harmless the organisers and all sponsors of the event including, without limitation; Lake Macquarie Running Festival, Lake Macquarie City Council, NSW Police Dept. and their servants agents (collectively individually called the iorganisersi) with respect to (and agree to indemnify and keep the indemnified the organisers in respect of any and all loss arising as a result of) any and all causes of action, claims including but without limiting the generality foregoing, claims for legal costs and consequential loss of life), which I may now have or at anytime herefore had, or at anytime therefore may have or but for the execution of this release discharge and indemnity could have against the organisers with respect to or in any way connected with my participation in the event. I agree to abide and be bound by the Race Rules, as varied from time to time governing the event. I recognise the difficulties of participating in the event and attest that I am physically fit to compete safely, have trained sufficiently and have not been advised by a qualified medical practitioner not to compete in the event. I agree to receive and pay for medical treatment including transport by ambulance, which is considered by the organisers to be advisable and which is provided to me at the request or direction of the organisers before, during or after the event. I consent to the publication and/or use in any form of media whatsoever of my name, image, voice, statements or otherwise, without payment or compensation. I agree that should the event be cancelled for any reason whatsoever, my entry fees will not be refunded and no liability whatsoever will attach to Organisers. <li< td=""></li<>									
		derstood and accept this	_						
Signature			(All entro	ants must sign th	nis personally)				
DECLARATION F	OR MINORS								
If you are under 18	years at the time of ente	ering the event, your pare	ent or guardian m	ust sign this dec	laration.				
l,	of			certify that I am	the				
parent/guardian of			who will be yea	rs of age	e on the day of the event.				
In consideration of the organiser accepting the minoris application to participate in the event, I agree to indemnify and shall keep indemnified the organisers in respect of any losses they or any of them may suffer as a consequence of any claim/s by the minor and to the same extent as any other competitor indemnifies the organisers pursuant to clause 1. Parent/Guardian Signature									
PAYMENT DETA	ILS 4km Kids Sco	amper 10.5km Fun Run	Half Marathon						
EARLY BIRD (BEFORE 3		\$45	\$65		JE/MONEY ORDER make cheques and				
LATE REGO (NO SHIRT		\$55	\$75		orders payable to: lacquarie Running Festival.				
CREDIT CARD	Visa	MasterCard MasterCard		2010 11	,				
Card Holder Name									
Card Number									
Signature									